



🎉 **NEW YEAR, NEW YOU at Marshfield Fitness & Tanning!** 🎉

Kick off 2026 feeling stronger, healthier, and more confident! Marshfield Fitness & Tanning is offering 30% OFF monthly gym memberships through January 31st.

24/7 Gym Access

No Contracts & No Hidden Fees

Locally Owned & Welcoming to All Fitness Levels

Tours Available 6 Days a Week

Free Personal Training Consultation with Brittany!

📍 50 York Dr, Marshfield, MO  
☎ 417-468-1638

Important: The 30% OFF rate is locked in and valid only until the member cancels. Cancel anytime — no contracts, no pressure.

We also proudly accept Silver Sneakers.

Stop waiting for “someday.” Start today and make 2026 your year!



**New Year New You**

**30% off of monthly gym memberships**

**Now - January 31st**

**24/7 Gym - NO Contracts - NO Hidden Fees**



[Visit our Marshfield Fitness & Tanning Online](#)



Missed the latest episode of Good Morning, Marshfield? No worries! Watch the latest episode or catch up on past ones here!

[Watch Here](#)



**January Networking!**  
**It's only two weeks away!**


January Networking is right around the corner!

We're excited to kick off 2026 with **Croley Insurance** as our guest speaker. They'll be sharing information about the Chamber Health Insurance Plan — and you may find it's a great fit for your business.

Join us on Wednesday, January 21st at 11:45 AM at

The Depot, 420 S. Marshall, Marshfield.

Enjoy a delicious lunch, learn more about the Chamber Health Insurance Plan, and network with local business leaders.

 Register at the link below!

We look forward to seeing you there.

[\*\*Register for January Netorking\*\*](#)



# January Networking

**JANUARY 21, 2026**

11:45 am

The Depot

420 S Marshall St., Marshfield

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## 🎉Thankful Thursday — and Happy New Year! 🎉

We're kicking off 2026 by recognizing Reese with [Whispering Oaks Golf Course](#) on the very first Thankful Thursday of the year!

This week's nomination comes from Brittany, who shared this about Reese: "I chose a Reese as my nomination because she is always going above and beyond by being helpful in anyway she can at the course. She always greets everyone with a smile and she's always finding ways to make personal connections with customers.

She's also incredibly supportive of other businesses and is always willing to lend a helping hand. Even after leaving the tanning salon to take her management position at the golf course, she's offered to come in and help me replace bulbs or do things around the salon.

She's incredibly hard working and is most deserving of the thankful Thursday award."

Reese, your willingness to step in, support others, and show up with a positive attitude makes a real impact — not just at the golf course, but throughout our community. We're thankful for you and the example you set.

We hope you enjoy your special treat to **The Plucky Cafe!**

Know someone who goes above and beyond to serve our community? Nominate them for Thankful Thursday at the link below.

[\*Submit a Thankful Thursday Nomination\*](#)



### **Attention Webster Electric Cooperative Members**

**January 12, 2026**

On January 12, we will be launching our new SmartHub mobile app and web portal. This new system has features to help you save time and money. If you were previously signed up on email notifications, recurring card payments or paying your monthly bill on our website you will need to go to [websterec.com/smarthub](http://websterec.com/smarthub) **on or after January 12, to re-enroll**. Thank you for your continued patronage and support.

[\*Visit Webster Electric Online\*](#)



# \$15.00 MISSOURI MINIMUM WAGE

## IN EFFECT FOR 2026

Beginning August 28, 2025, the minimum wage will be based on the provisions set forth by HB 567 (2025), signed into law on July 10, 2025.



### TIPPED EMPLOYEES

Employers are required to pay tipped employees at least 50 percent of the minimum wage, \$7.50 per hour, plus any amount necessary to bring the employee's total compensation to a minimum of \$15.00 per hour.



### OVERTIME COMPENSATION

Overtime compensation must also be paid at a rate of at least one and one-half times a covered employee's regular rate for all hours worked over 40 in a workweek.



### EXCEPTIONS

All non-exempt employers are required to pay, at minimum, the \$15.00 per hour rate, except retail and service businesses whose annual gross sales are less than \$500,000.

The law does not apply to certain exempt employees/employers defined in Section 290.500(3), RSMo, and employees/employers engaged in agriculture in Section 290.507, RSMo, nor does it supersede more favorable laws or interfere with collective bargaining agreement rights.



### EMPLOYEE RIGHTS

An employee not being paid the correct wages can file a minimum wage complaint at [labor.mo.gov/DLS/MinimumWage](https://labor.mo.gov/DLS/MinimumWage) and is entitled to pursue a private legal right of action to collect any wages due.

An employer who unlawfully pays sub-minimum wages will be liable for the full amount of wages due (plus twice the amount left unpaid as liquidated damages) less any amount actually paid. The employer is also liable for costs and reasonable attorney fees as may be allowed by the court or jury.

### LEARN MORE AT [LABOR.MO.GOV/DLS/MINIMUMWAGE](https://labor.mo.gov/DLS/MINIMUMWAGE)



**DIVISION OF  
LABOR  
STANDARDS**

421 East Dunklin Street  
P.O. Box 449  
Jefferson City, MO 65102-0449

573-751-3403  
Fax: 573-751-3721  
[laborstandards@labor.mo.gov](mailto:laborstandards@labor.mo.gov)

*If you have served on active duty in the Armed Forces of the United States and would like information about veteran's services and benefits, please complete the survey here: [mvc.dps.mo.gov/MoVeteransInformation/Survey/DOLIR](https://mvc.dps.mo.gov/MoVeteransInformation/Survey/DOLIR). Missouri Department of Labor and Industrial Relations is an equal opportunity employer/program. TDD/TTY: 800-735-2966 Relay Missouri: 711 LS-52 (10-25) AI*

## 📣 Fat Boys BBQ is for Sale 📣

Interested?

An itemized list is available upon request.  
Please reach out to Nicole with any questions.

📞 417-300-8227

✉️ [fatboysbbq21@gmail.com](mailto:fatboysbbq21@gmail.com)

**BUSINESS FOR SALE**

- TURN KEY OPERATION
- SOCIAL MEDIA, EMAIL, NAME INCLUDED

**Asking \$25,000**

**417-300-8227**

**fatboysbbq21@gmail.com**

- [illegible]

# BUSINESS FOR SALE

- TURN KEY OPERATION
- SOCIAL MEDIA, EMAIL, NAME INCLUDED

**417-300-8227**

**fatboysbbq21@gmail.com**

Asking **\$25,000**

# BUSINESS FOR SALE

- TURN KEY OPERATION
- SOCIAL MEDIA, EMAIL, NAME INCLUDED

**417-300-8227**

**fatboysbbq21@gmail.com**

Asking **\$25,000**

A man and a woman are standing in front of a building. The man is wearing a blue t-shirt and jeans, and the woman is wearing a blue t-shirt and a black cap. They are both smiling. The background shows a building with a sign that says "FAT BOY". There are circular insets showing the building, food, and a truck. The text "BUSINESS FOR SALE" is written in large, bold, black letters. Below it, there is a list of features: "TURN KEY OPERATION" and "SOCIAL MEDIA, EMAIL, NAME INCLUDED". At the bottom, there is a yellow banner with the phone number "417-300-8227" and another yellow banner with the email address "fatboysbbq21@gmail.com". A yellow circle contains the text "Asking \$25,000". A black arrow points upwards and to the right, with the word "LOGO" written below it. The background is dark with string lights.

# BUSINESS FOR SALE

- TURN KEY OPERATION
- SOCIAL MEDIA, EMAIL, NAME INCLUDED

**417-300-8227**

**fatboysbbq21@gmail.com**

Asking  
**\$25,000**

LOGO





Elkland Lion's Club

# Rent Our Building

Enjoy our 1,400 square foot building suitable for birthday parties, baby showers, graduation parties, family gathering, or even a wedding!

**Rental for the full day  
\$125**

**Cleaning Deposit \$50**

## Our service:



Playground



Heat/AC



Full Kitchen



Meeting space

Book now for this awesome deal. Email us with the date and we will get back to you.

[Elklandlionsclub868@gmail.com](mailto:Elklandlionsclub868@gmail.com)



## Cancer Support Group

**Mission:** To provide hope to those diagnosed with cancer and to provide resources that they may live healthy and productive lives.

**Meeting:** Every second Tuesday of the month at the Marshfield Senior Center, 427 W. Washington, Marshfield, MO. **This months meeting is at 1 pm on January 13, 2026.** Open to all diagnosed with cancer, those in remission, those who are cancer free, all care givers and their families.

**Mailing Address:** Marshfield Senior Center, PO Box 305, 65706. 417-859-3555  
Donald Plevka, Organizer, 417-771-8902, decap01@sbcglobal.net

### **Topic: Coming alongside in the battle.**

This is dedicated to you, one of the other soldiers in the war on cancer. Your role is important in an overall cancer battle plan. Your attitude and responsiveness to your friend or family member have the potential to impact significantly how he or she fares in the war.

It is much more difficult to maintain the discipline needed for me to change my diet if my family had not been willing to make the same changes with me.

Perhaps the single most important thing for a cancer warrior is to have a network of friends who will treat him or her as a living, breathing person with a future. Cancer warriors need a constant diet of hope.

When a person is dealing with a serious situation in life, he usually has a need to talk about it – a need to vent. Asking conveys caring while not asking conveys indifference.

After asking about your friend's situation you will be better informed as to what to pray for him or her. Ask. God is always listening.

It's great when helpers periodically showed up at the door to do things I no longer could. It would me most helpful when they called ahead of time, suggested a time when they'd like to come over, and asked for a list of things to pick from that I needed to have done. Volunteer your help; don't wait to be asked. It's hard enough to need help; having to ask for it compounds the problem.

Stay involved by sending a card. It lets your friend know they're being remembered. Always write a personal note. Send a book of hope of cancer survival.

The financial burden of fighting cancer can be crushing. Send what you would like to receive if you were in the same boat, according to your ability.

Support the helper by letting that person know you care and are specifically praying for them. Find out what would help the most – individualized attention and involvement.

### **Programs:**

1. **Shore Up - We Care. [Fighttothebell.org](http://Fighttothebell.org)**

Don't quit. Shore up. Fight to the bell.

Josh James  
Executive Director  
Shore Up 417-425-7122

2. **Cancer Choices [cancerchoices.org](http://cancerchoices.org)**

Integrative oncology is a whole-person approach to cancer care that combines conventional treatments with evidence-informed complementary therapies like acupuncture, nutrition, and mind-body practices – so people can feel better, build resilience, manage side effects, and improve outcomes at every stage of their journey.

3. **Palative care [compassus.com](http://compassus.com)**

Help with the six basic functions: Eating, Bathing, Dressing, Transferring, Toileting, and Walking or moving around.

Cancer fatigue: Why it occurs and how to cope.

4. **Hospice Care**

End of life care provided by a Hospice group.

5. **Traditional treatments**

Oncology treatments: Surgery, Radiation, and/or Chemotherapy.

6. **Alternative treatments elsewhere.**

**Why Choose MD Anderson**

Every day, people like you choose MD Anderson for cancer treatment. It goes beyond our groundbreaking research and innovative clinical care that provide new therapies years before they become standard in the community.

**Barbara O'Neill** –Recover Your Health, Recover Your Life. [barbaraoneill.com](http://barbaraoneill.com)

I'm here to help YOU unlock your body's natural healing potential. My focus is teaching YOU how to live a healthy lifestyle, including proper diet, exercise, fresh air, sunshine, water, stress management, and natural treatments.

7. **Emotional Support**

Sharing what worked for them, helpful books they've read, different products they've tried, and how they've coped with the diagnosis.

8. **Financial Planning**



DNR Order, Power of Attorney, living will, financial assistance available through the hospital, Patient Advocate Foundation (PAF) Co-Pay Relief (CPR) Program - [cpr@patientadvocate.org](mailto:cpr@patientadvocate.org).

**9. Faith Support**

Churches, prayer groups, praying for each other,

Devine healing – James 5: 13-16.

“Is any among you afflicted? let him pray. Is any merry? let him sing psalms. Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: And the prayer of faith shall raise him up; and if he have committed sins, they shall be forgiven him. Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.”

1 Thess 5:16-18: “Rejoice evermore. Pray without ceasing. In everything give thanks: for this is the will of God in Christ Jesus concerning you.”

**10. Nutrition and Detoxification**

“It seems clear that if a cancer warrior is going to have any hope of ultimately conquering cancer and winning back health, a very aggressive process needs to be undertaken to reverse the chronic degeneration of the body of which cancer is but a symptom. It all comes down to changing the body’s toxic chemistry through the metabolic process of detoxification and diet – and the sooner the better.”

“A Cancer Battle Plan” p43.

**Resource Books and websites:**

“A Cancer Battle Plan”. Six strategies for beating cancer by Anna E Frahm with David J Frahm. \$16 <https://www.penguinrandomhouse.com/>.

Clinicaltrials.gov

Webster County Health Department

Ozarkcancerresearch.org

restoredwellnessrecoveryspa.com

Compassus.com

Goodshepherdhospice.com

Realholisticdoc.com

Brooks & Family Equine Retirement

Ohaclinic.com

3rivershospice.com



COMMUNITY FOUNDATION *of the* OZARKS

**Date: Dec. 30, 2025**

**Subject: CFO scholarships open for application Jan. 1**

**Contact: Aaron Scott, CFO, [ascott@cfozarks.org](mailto:ascott@cfozarks.org) or 417-864-6199**

Beginning Jan. 1, 2026, students in Springfield and across the region can apply for more than \$1.7 million in scholarships administered by the Community Foundation of the Ozarks. By starting at [cfozarks.org/applyforscholarships](https://cfozarks.org/applyforscholarships), students can use the CFO's universal application to efficiently apply for multiple scholarship opportunities.

The universal application is a comprehensive online form with a series of questions unique to each student. Based on their responses, the universal application will pair students with the scholarship opportunities for which they qualify.

In addition to scholarships for graduating seniors, the CFO has opportunities for current undergraduate students and students attending technical or graduate programs. Amounts range from \$250 to \$10,000, with many scholarships renewable for two to four years.

The CFO and its regional affiliate foundations hold about 450 scholarship endowments that will provide scholarships to hundreds of students across central and southern Missouri for the 2026–27 school year. Scholarship endowments can be established with a minimum of \$25,000 by individuals, families or organizations with a wide range of intentions, such as supporting students who graduate from the donor's alma mater or pursue a certain field of study.

Information for both donors and students is available

at [cfozarks.org/scholarships](https://cfozarks.org/scholarships).

The application period for CFO scholarships will close on Monday, March 16. For more information, contact Beth Hersh at [bherish@cfozarks.org](mailto:bherish@cfozarks.org), or call 417-864-6199.

**New for 2026:** Donors establish new scholarship endowments every year with the CFO and its regional affiliate foundations. Basic criteria for several new scholarship opportunities are listed below (affiliates indicated in parentheses) — find full criteria at [cfozarks.org/applyforscholarships](https://cfozarks.org/applyforscholarships):

- **Cabool Education Foundation Pathways to Success Scholarship: \$1,000 for a graduating senior from Cabool High School. (Cabool Community Foundation)**
- **Kevin D. and Toni B. Williams Scholarship: Two \$1,500 scholarships, renewable for three years, for graduating seniors from Nevada High School. (Nevada/Vernon County Community Foundation)**
- **Dr. Steven R. Butcher Memorial Scholarship: \$1,500 for a graduating senior from Cedar or Polk counties pursuing a degree in health care. (Stockton Community Foundation)**
- **Evan Boettler Memorial Scholarship: \$1,000 for a graduating senior from Aurora High School. (Aurora Area Community Foundation)**
- **Jaime Ball Memorial Scholarship: \$1,000 for a graduating senior from Liberty High School in Mountain View. (Jacks Fork Community Foundation)**
- **Jim and Jill Barnett Scholarship: \$2,500, renewable for three years, for a graduating senior from Cuba High School.**
- **Jim Hollander Physical Therapy Scholarship: \$3,000 for a postgraduate student enrolled in a physical therapy program in Missouri.**
- **Restore the Joy Scholarship: \$1,000 for a graduating senior from Houston or Willow Springs high schools, with preference given to students pursuing a health care degree. (Willow Springs Community Foundation)**
- **Robert Wheeler WHS Scholarship: \$1,000, renewable for three years, for a graduating senior from Windsor High School. (Truman Lake Community Foundation)**
- **Roberta Lucy Memorial Scholarship: \$2,000 for a graduating senior from Bollinger, Cape Girardeau, Mississippi, Perry, Scott, or Stoddard counties attending Mineral Area College, Southeast College of Nursing and Health Services, Southeast Missouri State University or Three Rivers College. (Cape Area Community Foundation)**

The Community Foundation of the Ozarks is the region's largest public charitable foundation serving donors, nonprofit partners and 55 regional affiliate foundations



with \$549 million in assets under management as of June 30, 2025. The CFO's mission is to improve the quality of life for everyone in central and southern Missouri through resource development, community grantmaking, collaboration and public leadership.

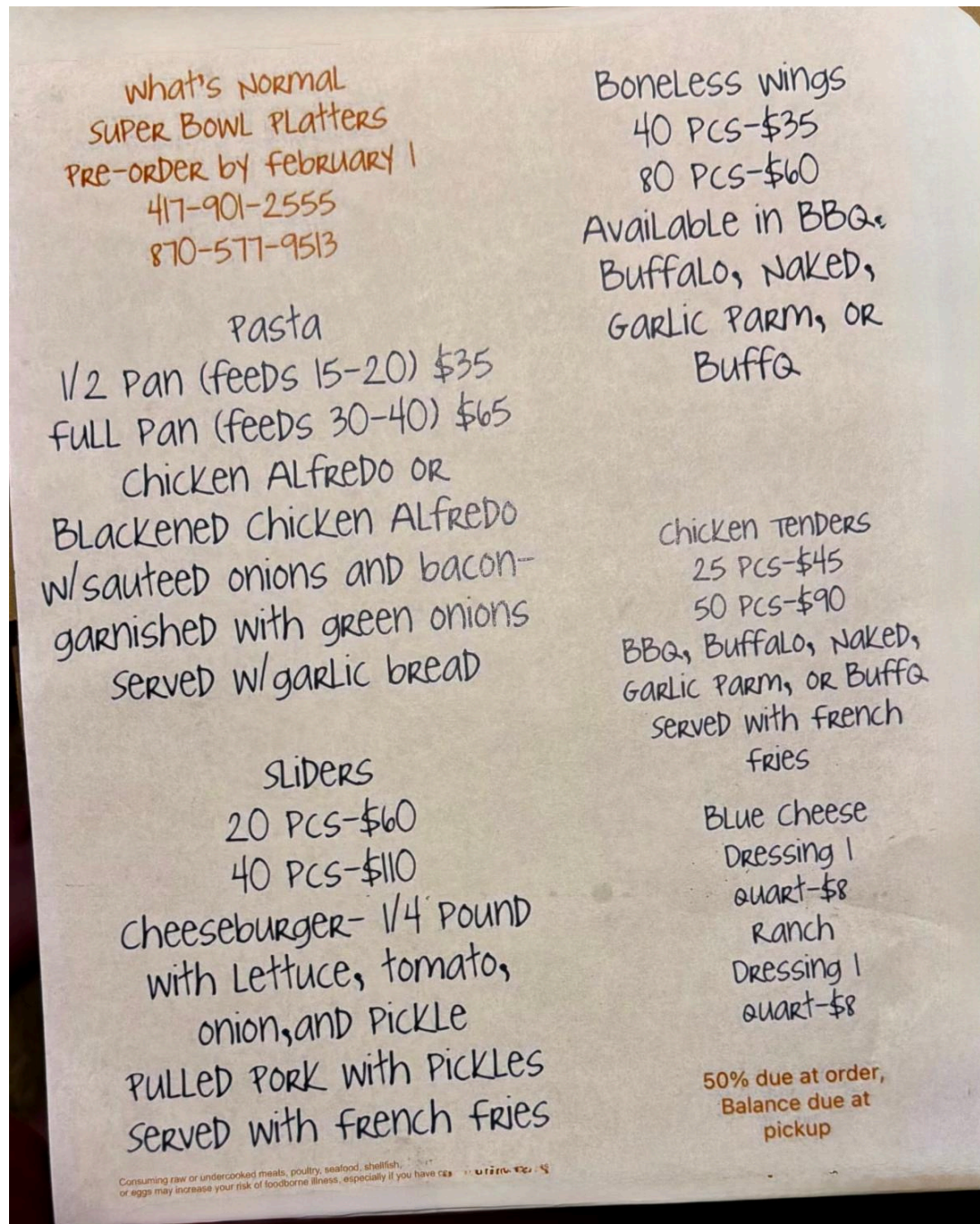
**Community Foundation of the Ozarks**

**Mailing: P.O. Box 8960 · Springfield, MO 65801**

**Physical: 300 South Jefferson, Suite 400 · Springfield, MO 65806**

**Phone: 417-864-6199 · Fax: 417-864-8344**

**[cfozarks.org](http://cfozarks.org)**



**[Visit What's Normal Online](http://What'sNormal.org)**



**SAVE  
THE  
DATE**

**Missouri Cherry Blossom Festival  
Quilt Trail**

**April 23 - April 25, 2026  
Marshfield, Missouri**

**For more information contact:  
Ruthie @ 417-664-9903**



**Marshfield Area Chamber of Commerce  
PO Box 860  
Marshfield, MO 65706  
(417) 859-3925  
[director@discovermarshfield.com](mailto:director@discovermarshfield.com)**



Marshfield Area Chamber of Commerce | 720 W Hubble | Marshfield, MO 65706 US

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